

Speed & Spin Controls

Dial setting guidelines for groundstrokes and serves using the Speed & Spin Controls

Groundstrokes (lowered position)

Serves (raised position)

	Top	Left	Right		Top	Left	Right
Flat	4-6	4-6	4-6	Flat	4-6	4-6	4-6
Topspin	4-6	3-5	3-5	Right-Handed Slice	4-5	3-4	7-8
Backspin	3-4	4-6	4-6	Left-Handed Slice	4-5	7-8	3-4
Defensive Lob (with highest arc)	2	3	3	Right-Handed Kick	7-8	2-3	3-4
				Left-Handed Kick	7-8	3-4	2-3

A range in dial positions is provided due to differences in skill levels, balls and court surfaces.